

Rejuvenate Regenerate Renew

# ALTRUM™

Health Division of AMSOIL® INC.

## ‘World’s Best’ *Ultra Multis*



ALTRUM *Ultra Multis* (DNU) are the most complete multiple vitamin formula available anywhere. Two formulas, one with iron and one without, have more than 130 nutritional ingredients including vitamins, minerals, herbs and superfoods in each tablet that make them the “World’s Best Multis.”

Smaller Tablets

*Daily Nutritional Support* (DNS) is our original premium formula in smaller tablets.



*Ultra Multis* provide the necessary nutrients to replenish energy and increase stamina – all in one bottle. Customers report feeling better and more energetic when taking this product. That’s why *Ultra Multis* are the number one sellers in the Altrum line of supplements.

A.J.'s *Ultra Multi* (DWI) is the same superior formula but without iron.

Health is your greatest asset. A large volume of research says nutrition is the most vital component to overall health. Researchers also have found the nutrient content in America’s foods is less than it has been in the past 50 years, which makes it impossible to always get the best nutrition for optimum health. Make sure you get the nutrition your body needs for energy and well being. Add ALTRUM *Ultra Multis* to your daily nutrition plan and feel the difference. \*

### ***Ultra Multis* Founded on Superfood, Herbal Base**

The foundation of the *Ultra Multis* is the **carotenoid**-rich 1400 mg *Superfood/Herbal Base*. This foundation provides a full spectrum of all life and energy-supporting nutrients. They are delivered to the body as food, the form in which they are naturally found. The unique *Ultra Multi* formulas provide significant levels of every nutrient your body needs for optimal health, energy and vitality. \*

### ***Ultra Multis B-complex Powerhouse***

*Ultra Multis* provide a potent package of B-vitamins in researched, balanced, energizing doses to power up complicated metabolic functions.

**Thiamin (B1)** – Benefits nervous system, mental attitude.

**Riboflavin (B2)** – Crucial to cell oxidation and energy. Helps protect against heavy metals and damage from free radicals.

**Niacin (B3)** – A key nutrient for maintaining normal blood cholesterol levels. Aids mental stability and detoxification of the body.

**Pyridoxine (B6)** – Required for the function of more than 60 life-supporting enzymes.

**Cobalamin (B-12)** – Supports sharp mental function.

**Biotin** – Known as the "skin and hair vitamin."

**Folic Acid** – Crucial for synthesis of DNA.

**Pantothenic Acid** – An energy and stamina booster.

**PABA** – May help restore color to gray hair.

**Choline** – Helps burn fat, cholesterol and transmit nerve impulses.

**Inositol** – Aids function of the nervous system.

### **No other multiple vitamins compare in the number of energy-supporting ingredients.**

#### ***Benefits of Ultra Multis***

- ***Boost your energy***
- ***Protect your heart***
- ***Keep your mind sharp***
- ***Look and feel younger***
- ***Combat stress and fatigue***
- ***Strengthen immune system***
- ***Improve your mood \****

# Vital Nutrition in ALTRUM *Ultra Multis*

ALTRUM *Ultra Multis* contain the best combination of vitamins, minerals and herbs to improve overall health, renew energy and stamina and more \*

**Tomato lycopene concentrate** – Lycopene is a powerful antioxidant that scavenges and neutralizes free radicals to slow aging.

**Sea vegetable complex** – contains more carotenoids, chlorophyll, minerals and trace elements than land vegetables.

**Ginkgo biloba** – supports mental function, improves circulation and promotes cellular uptake and use of nutrients.

**Eleuthero (Siberian ginseng)** – normalizes body functions, restores vigor, energy and health.

**American ginseng** – increases mental efficiency and stamina and boosts the immune system. Relieves stress, fatigue. Increases energy.

**Bee pollen** – a potent health and energy enhancer rich in carotenoids, vitamins, minerals and amino acids.

**Spirulina** – vegetable protein, rich in carotenoids, iron, vitamin B12 and the rare essential fatty acid GLA.

**Chlorella** – natural, pure, whole food with carotenoids and all the materials needed to support life.

**Barley grass** – one of the richest, most concentrated vegetable sources of carotenoids and nutrients.

**Alfalfa** – contains high levels of all known vitamins and minerals and is high in carotenoids and chlorophyll, an important blood purifier.

**Parsley** – contains carotenoids and facilitates oxygen metabolism and maintenance of general health.

**Phytonutrients** – carotenoids and potent antioxidants that may neutralize free radical damage and enhance the strength of the immune system.

**Gotu-kola** – promotes longevity and has remarkable rejuvenative properties; reduces the effects of aging and fights senility.

**Fo-ti** – rebuilds cells and tissue to counter the effects of aging. Studies confirm its cholesterol-reducing effects.

**Sarsaparilla** – widely used by athletes to promote vitality, energy, alertness, physical strength and virility.

**Ginger** – relieves indigestion and nausea and helps absorb toxins.

**Dandelion** – high in carotenoids, iron, calcium and other vitamins and minerals. Strengthens kidneys and liver. A natural diuretic.

**Peppermint** – used for centuries in many different herbal remedies, peppermint is an all around conditioner for better health.

**Astragalus** – powerful immunity-boosting herb used for centuries to defend against illness and strengthen the immune system. It also has antibacterial, antiviral, anti-inflammatory and adaptogenic effects.

**Schisandra** – boosts energy and muscular activity by improving the cellular energy of the entire body.

**Rehmannia** – contains vitamins A, B, C, D, amino acids and nutrients that have antiinflammatory and antifungal properties. \*

SUPPLEMENT FACTS			6 Tablets Provide % DV			6 Tablets Provide % DV		
Serving Size 6 Tablets			6 Tablets Provide % DV			6 Tablets Provide % DV		
Vitamin A (50% Beta-Carotene, 50% Palmitate)	10,000 I.U.	200	<b>OTHER DIETARY INGREDIENTS</b>			<b>ENZYMES</b>		
Vitamin C (Ascorbic Acid, Rosehips)	500 mg	833	Bioflavonoids (mixed citrus, acerola cherry)	60 mg	*	Bromelain (Pineapple)	30 mg	*
Vitamin D-3	400 I.U.	100	Coenzyme Q10	500 mcg	*	Papain (Papaya)	30 mg	*
Vitamin E (Natural)	100 I.U.	333	Propolis	10 mg	*	<b>1400 mg Superfood - Herbal Base</b>		
Vitamin K-1	30 mcg	37	Pine Bark Extract	10 mg	*	Tomato Concentrate (1% Lycopene)	110 mg	*
Thiamine (Vitamin B-1)	22 mg	1500	Green Tea	90 mg	*	Sea Vegetable Complex (Nori, Wakame, Kelp, Bladderwrack)	80 mg	*
Riboflavin (Vitamin B-2)	25mg	1500	Grapeskin	10 mg	*	Ginkgo Biloba (leaf) extract equivalent to Siberian Ginseng (root) extract equivalent to American Ginseng (root)	50 mg	*
Niacin - Nicotinamide (1:1 mix) (Vitamin B-3)	80 mg	400	Grapeseed Extract	20 mg	*	MSM (Methylsulfonylmethane)	300 mg	*
Pyridoxine (Vitamin B-6)	30 mg	1500	Quercetin	20 mg	*	Boron (Citrate)	1 mg	*
Folic Acid	800 mcg	200	Rutin (Eucalyptus)	30 mg	*	Silica (Silicon dioxide)	10 mg	*
Cyanocobalamin (Vitamin B-12)	90 mcg	1500	Hesperidin Complex	16 mg	*	Vanadium (Aminoate)	60 mg	*
Biotin	300 mcg	100	MSM (Methylsulfonylmethane)	300 mg	*	Inositol	60 mg	*
Pantothenic Acid	80 mg	800	Boron (Citrate)	1 mg	*	PABA	60 mg	*
Calcium (Aminoate/Carbonate Citrate blend, Dicalcium phosphate)	480 mg	48	Silica (Silicon dioxide)	10 mg	*	L-Glutamic Acid (HCl)	60 mg	*
Iron (Aminoate)	18 mg	100	Vanadium (Aminoate)	60 mg	*	(Para-aminobenzoic acid)	60 mg	*
Iodine (from Kelp)	200 mcg	133	Choline	60 mg	*	(L-Glutamic Acid HCl)	60 mg	*
Magnesium (Aminoate, Oxide)	200 mg	50	Inositol	60 mg	*	(TMG - Trimethylglycine)	60 mg	*
Zinc (Aminoate)	30 mg	200	PABA	60 mg	*	Octacosanol (from vegetables)	1000 mcg	*
Selenium (L-Selenomethionine)	85 mcg	120	Special plant fiber (ginseng or eucalyptus)	120 mg	*	Rice Bran	60 mg	*
Copper (Aminoate)	1 mg	50	Vegetable cellulose	900 mg	*	Amino Acid Complex (18 Amino Acids)	1200 mg	*
Manganese (Aminoate)	16 mg	800	Lecithin	100 mg	*	Fiber (Vegetable)	360 mg	*
Chromium (Aminoate)	120 mcg	100	(includes the following Fatty Acids)			<b>HERBS</b>		
Polynicotinate	50 mcg	67	Linoleic 58 mg, Palmitic 18 mg, Stearic 4 mg, Oleic 10 mg, Linolenic 6 mg			Gotu-Kola (herb), Fo-Ti (He Shou Wu) (root), Sarsaparilla (root), Ginger (rhizome), Dandelion (root), Peppermint (leaf).		
Phosphorus (Aminoate)	50 mg	6.25	Trace Minerals (72) (Ancient Sea Minerals)	25 mg	*	<b>HERBAL EXTRACT BLEND</b>		
Potassium (Aminoate)	90 mg	2.25				Equivalent to Herbal Powder Astragalus (root), Schizandra (fruit), Licorice (root), Rehmannia (root).		

\* Daily Value (DV) not established

**Quercetin** – may help fight a host of disorders, from asthma to heart disease.

**Vitamin C** – may boost the immune system.

**Grape seeds** – rich in polyphenols, the most powerful antioxidants in nature.

**MSM** – natural source of dietary sulfur. Plays a critical role in retaining the elasticity and flexibility of the connective tissue of joints.

**Green tea** – beneficial against rheumatoid arthritis, high cholesterol, cardiovascular disease, infection and impaired immune function.

**Unique protein chelation of minerals** – allows four to six times better absorption of health-building minerals.

**Calcium** – for strong, healthy bones and teeth.

**Magnesium** – protects arteries and heart valves and supports heart and brain cells.

**Selenium** – helps metabolize fat. It's also a powerful antioxidant and may help with arthritis and tissue inflammation.

Chromium helps maintain a healthy blood sugar level.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

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